

Greetings Rituals

APPENDIX 1: Examples of greetings

Instructions: make two copies of this handout, a handout A and handout B.

1. on the basis of the number of participants, decide on how many greeting rituals to use and cut the boxes with the instructions of each handout
2. Divide the participants in two groups: the GUESTS and the HOSTS. The hosts wait for one or more guests.
3. Give out the instructions of handout A to the GUESTS and the instructions of handout B to the HOSTS

Examples of greetings (names of countries can be removed):

<u>Thailand</u> : Greet with 'wai': Place palms together in a lotus bud at your chest, elbows down, and bow your head slightly
<u>Egypt</u> : Give a firm and long handshake and look straight in the other person's eyes while smiling
<u>The Philippines</u> : Give a limp handshake and look down
<u>Malaysia</u> : Touch the other person's hands with both your hands, then bring them back to your breast
<u>India</u> : Greet with 'namaste' : palms together as though praying and bend or nod
<u>France</u> : Kiss on both cheeks, two times
<u>New Zealand Maori</u> : Rub your nose to the other person's nose
<u>Turkey (with an elder)</u> : take the person's hand, kiss the top of it, and then bring that person's hand to your forehead
<u>Central African Republic</u> : Slap right hands, then grab each other's middle finger using a thumb and middle finger
<u>Grenada</u> : Tap clenched fists
<u>Belgium</u> : Kiss the other person on the right cheek
<u>Singapore</u> : Slide your palms together back towards your chest then end with the hand over heart

Korea : Wave and smile, but do not make any physical contact. Don't hold eyes for too long.

Latin America : Hug tight (called an 'abrazo') and gently pat on the back

Japan : Bow slightly from the waist, palms on thighs, heels together

Middle East countries : Greet with the 'salaam' : Say 'Salaamu alaykym' (= Peace be upon you) and sweep your right hand up to your heart

Tibetan tribes : Greet by Tashi Delek : stick out your tongue ;-P